



The best activities guide around!

FEBRUARY 2011



Black History Month Lunch Buffet – 4th
Super Bowl Party – 7th
Valentines Day Gourmet Dinner – 13th
Comedy Showcase – 18th
Bazaar – 26th, 27

MIAMI DOLPHINS
Cheerleaders

**“See the Bugle for the
advertisement”.**

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.



The U.S. Army Garrison, Japan (USAG-J), DMWR, Marketing Branch, produces the Zama Bugle. The Marketing Branch is located in Bldg. 102, B100 (Northeast Corner) South Camp Zama, Japan

Mention of corporate names in this publication does not imply endorsement by the U.S. Army or Federal Government of the United States.

DMWR strives to provide individuals with



disabilities reasonable accommodation, and are included in all

community recreation program planning, as appropriate for the activity. For further information, please contact the activity manager on accommodations.

ZAMA Community BUGLE

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THIS MONTH'S COVER

Camp Zama's Super Bowl Party will be held at the Zama Community Club on Monday, 7 February. Doors open at 7 am, which is also the same time the "FREE" breakfast buffet begins. Prior to kickoff at 8:15 am, the entertaining Miami Dolphins Cheerleaders, featured on the cover, will dance at 7:45 am and again at halftime. They will be signing their pictures, posing for photos (with you), and mingling with the crowd. There will also be two special drawings for two lucky military members, or "Queen" and "King" winners, who will sit with the cheerleaders and each will receive four prizes.

Fifteen (15) quality door prizes will also be given away to include blackberrys, digital cameras, golf packages, Disney tickets, a 46" Sony HD television, and the grand prize drawing of two roundtrip airline tickets to Hawaii.

MWR is very pleased to host this Party for our Soldiers and Family members in conjunction with one of the year's major sports events. We look forward to seeing you there. For more detailed information about the Party, please see the back cover.

Cover displays a montage created by Hideko McKeta



"See the Bugle for the advertisement".

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F

riday, 18
February, the Zama
Youth Center will
be closed for the
training holiday,
and will also be
closed on Monday,
21 February, for
President's Day.

■ Child, Youth and School Services

• 263-4500 www.zamayouthcenter.org

HOURS OF OPERATION

Monday - Thursday	1430 - 2000
Friday	1430 - 2200
Saturday	1300 - 2200
Sunday and Holidays	Closed

* Hours may change due to scheduled programs.

YOUTH CENTER

• "6th Grade Happening"

Friday, 11 February, 7 - 10 pm. Cost is \$2. Transportation will be provided from SHA Narita bus stop at 6:30 pm, and Atsugi theater at 6:15 pm. Come out and enjoy a night of fun, food and lots of entertainment.

• Zama Teen Book of Records

Thursday, 17 February, 3 pm. Attention teens! You too, can become a living legend!!! Every 3rd Thursday of the month at the Zama Youth Center, there will be different events to challenge you. At the end of the year your record, as well as your picture, will grace the first glossy Zama Book of Records with the Yano Fitness Center's Book of Records. Challenges include a 3 point shoot out, consecutive free throws, Rubiks Cube, hula hoop spins, pogo stick jumps, and Wii Homerun.

TECH LAB (263-4500/8573)

• ZTN Tuesdays

Be part of your local youth news cast at Zama. We are a club that reports local news, upcoming events, and all things important to being a teen!

U-TURN PROGRAM

This program is designed for youth to turn themselves around and get the help they need to graduate high school and move on to higher education. It's up to U to turn yourself around. The youth center is here for U! Join us Tuesdays and Thursdays nights 5:30 - 7 pm to form study groups; work together with your classmates; get help from staff and other volunteers; get S.A.T. tutoring/practice tests; or just play educational games. For more information, phone 263-4500.



SKI & SNOWBOARDING

- Shiga Kogen (\$200): Depart 19 February, 3 am • Return 21 February, 9 pm
- Iwappara Ski Park (\$70): Depart 26 February, 4 am • Return 9 pm



Enjoy an exciting day of skiing and snowboarding at Shiga Kogen (overnight) and Iwappara Ski Park. The cost includes free ski or snowboard rental, transportation and free instruction from a trained professional. You must go to Outdoor Recreation for free equipment rental seven (7) days prior to the trip. Sign up at Parent Central Services, Bldg 533, directly behind the PX.

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Learn how to work an industry standard video camera, edit professional videos and news clips, direct, and write scripts. We meet every Thursday at 3 pm in the computer lab and film every other Tuesday. Adult volunteers to help with script writing, editing, and filming are needed!

• **Digital Arts Festival**

(Movie Making)

Every year, the Camp Zama Youth Center hosts a Digital Arts Festival on behalf of the Boys and Girls Club of America. The categories are Music Making, Movie Making, Photo Illustration, and Graphic Design. Join us every Wednesday in January as we get you ready for the Festival. This month, we will be focusing on Movie Making and Graphic Design, and your work will have to be submitted by 15 February. Winners may win a free trip back to the USA to compete on the National level, and could win cash prizes (location still to be determined).

• **STRUT is Back (Students Recy-**

IMAGE MAKER



Are you a teen and have an interest in photography? Whatever your specialty, digital, film, or alternative processes, we have a category for you and a camera you can use. We will be preparing all month for the National Image Makers contest. National and Regional winners will have a chance to win gift cards, prizes, and possibly a chance to visit a city in the USA. We have had National Winners the past two years, and with your help we can make it three!!! Please call 263-4500 or 263-8573 for more information.

cling Used Technology)

In this 2 day program, we will teach you how to build your own computer from a bare case and motherboard to installing an operating system, drivers and hardware. At the end of the program you will have your

very own computer to take home, and have the satisfaction of knowing that it was built by none other than yourself! STRUT begins on Tuesday, 25 January, and ends on Wednesday, 26 January.

BE A PART OF SOMETHING SPECIAL! JOIN A CLUB!

- **Keystone Club:** A great leadership program for teens 14 - 18. This program gives young people the opportunity to contribute something of value to others and to have a voice in how that contribution is made. Keystone Club aims to have a positive impact on members and the community. To find out more about this program, and how to get involved, contact Ms. Yelitza Marin-Guzman at yelitza.maringuzman@us.army.mil.
- **Torch Club:** A great leadership program for teens 11 - 13. Torch Club members learn to work together to plan and implement activities in four areas: service to club and community; education; health and fitness; and social recreation. Through service activities, Torch Club members identify club and community needs, develop programs and activities and actively participate in their community. To find out more about this program, contact Mr. Quinton Smith at quinton.smith4@us.army.mil.
- **DJ CLUB:** Do you want to be you own boss? Do you love listening to music? Do you need to make some money? Well, the Camp Zama Teen Center has a program for you. The youth center will teach you all the basic criteria to become a professional DJ. This program is for registered members 7th - 12th grade. To find out more about this program, contact Mr. Robert Chance at 263-5441.
- **Smart Girls:** Smart Girls is a health, fitness, prevention/education and self-esteem enhancement program for our female club members ages 11 - 17. This program is designed to encourage healthy attitudes and lifestyles that will enable adolescent / teen girls to develop to their full potential. For more information about this program or if you are interested in becoming a volunteer, please contact Ms. Cindy at cindy.rodriquez3@us.army.mil.



 **BOYS & GIRLS CLUBS**

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

A

re you looking
for a place where
your children can
join other children
in a fun learning
environment? Come
join School Age
Services Before
and After school
program.

REMEMBER: our
SAS motto, "If its fun,
we'll do it"!!!



■ School Age Services • 267-6013

••• SAS Program Hours •••

Half Day School	0530 - 0830 and 1200 - 1800
No School Day	0530 - 1800
Before / After Program Hours	0530 - 0830 and 1415 - 1800
Early Release	0530 - 0830 and 1130 - 1800
Zama Drop Off and Pick up Point	0700 - 0815 and 1715 - 1800

PROGRAM CHANGES

Changes for 6th graders attending SAS: this school year the cost will be free during afternoon hours. Why not participate in this great program?

PARENT'S ADVISORY COUNCIL (PAC) MEETING

Parents, this is a great opportunity

for you to provide input, answer questions and share your concerns. We meet in Bldg 337, 4:45 pm. The next Parent Advisory Council meeting is scheduled for 17 February. There are many newcomers in our community and we would like to extend a special invitation for you to attend. Child care is provided.

••• SAS FEBRUARY EVENTS •••

Theme: **BLACK HISTORY MONTH** • Character Counts: **RESPECT**

• <u>Fun</u> tastic Adventure Day Yokohama History Museum	Friday	4	0900 - 1630
• Parent Advisory Meeting	Thursday	17	1645 - 1730
• CYSS Mandatory Training	Friday	18	Closed
• Federal Holiday (Presidents Day)	Monday	21	Closed

SAS PROGRAMS OFFERED

School Age Services (SAS) offers care for Before and After School with options for before school only or after school only.

- Full day care on school out days
- Winter/Spring/Summer Camps
- Funtastic Adventure for a No School Day
- Half a day escapade for a Half Day School
- International Outreach Full Day Program
- Super Saturday Program
- Creative play-Occasional Hourly Care



"Funastic Adventure Day": School Age Services will provide a day of adventure for your children on school out days from 8 am - 5 pm.

"Half a Day Escapade": School Age Services will provide care for your children on early release days from 11:15 am - 6 pm.

"International Outreach Full Day Program" This program is designed for SOFA status children attending Japanese schools. School Age Services will provide creative, fun activities, socialization time, and field trips during Japanese holidays and out of school breaks.

"Super-Saturdays": Free Open Recreation activities every fourth Saturday for the community from 1 - 5 pm. All events guarantee fun for your children.

"Creative Play" (occasional/hourly care): SAS will provide 5 hours of hourly care per week. Reservations must be made in advance. Cost is \$4 per hour, part time: \$16 (4 hours per day), daily: \$30 (4 hours or more).

- Breakfast, lunch and PM snacks served
- Activities include 4H clubs and BGCA activities, computer and homework lab, art activities, field trips, etc.
- All children must be CYS registered members.



To register your child or for more information, please stop by the Parent Central Services in Bldg 533 on Camp Zama, or call 263-4125 or SAS at 267-6013.

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■ Youth Sports and Fitness • 263-5437/4066

DODGEBALL

Final game is 5 February for both divisions.

OFFICIALS FORYOUTH SPORTS

Youth Sports and Fitness is always in need of qualified officials. If you are interested in officiating games for youth sports, please contact us at 263-5437.

REGISTRATION

Do you want to participate in a youth sports program or clinic? It all begins with a visit to Parent Central Services located in Bldg 533, Camp Zama (behind the PX). They'll provide you with the appropriate registration paperwork

and collect any fees necessary. Please ensure your child's sports physical is current before you register.

SPORTS PHYSICAL

AR 608-10 requires all youths participating in youth sports programs to complete annual sports physicals and provide a copy as part of their registration. All registrations are completed at the CYS Parent Central Services located in Bldg 533, Camp Zama. To help, PCS staff is making contact with Families 30 days prior to expiration of youth sports physicals to allow parents time to schedule a current youth sports physical. Please note that appointments at the BG Crawford R. Sams Clinic may be

limited as a result of so many renewing their youth sports physical.

FOR MORE INFORMATION

If you have any questions, please check our website at www.zamayouthsports.org or contact us at 263-5437/4066.



■ Child Development Center • 263-4992 / 267-6348

ZAMA CHILD DEVELOPMENT CENTER, 263-4992

• Closed

* 21 February (President's Day).

* 18 February, CYSS in Service Training Day

• Story Time

Tuesday, 1 February, 10 - 11 am at Zama Library

• Bigz and Lilz Activities

Friday, 11 February, 3:30 - 4:30 pm

• Red / Pink Day (all day) and Valentines Cookie Decorating

Monday, 14 February, 2:30 - 3:30 pm

• Story Time at Zama Library

Tuesday, 15 February, 10 - 11 am

• PAC Meeting

Thursday, 17 February, 11:30 am - 12:30 pm

• Bigz and Lilz Activities

Friday, 25 February, 3:30 - 4:30 pm

SHA CHILD DEVELOPMENT CENTER, 267-6348

• Closed

* 21 February (President's Day)

• Groundhog Day

Wednesday, 2 February

• Kite Flying Day

Tuesday, 8 February

• Parent Volunteer Day

Thursday, 10 February

• Make a Friend Day

Friday, 11 February

• Decorate Valentine Mailboxes

Friday, 11 February

• President Abraham Lincoln's Birthday

Saturday, 12 February

• Valentine's Day

Monday, 14 February

• Love Your Pet Day

Tuesday, 22 February

• Infant Massage

Thursday, 17 February, 3:30 - 4:40 pm

• Teddy Bear Luncheon

Monday, 28 February

Educational and Developmental Intervention Services

Baby Gym

Hosted by
Tara Vollertsen, MPT
Pediatric Physical Therapist

Thursday, 10 February,
3 - 4:15 pm at SHA CDC Gross
Motor Room

Help your baby develop motor skills through games and activities. Open to all children birth to pre-walking.
Please bring a towel and comfortable clothes.

Improve Balance • Have Fun • Bond with Your Baby • Build Strength • Develop Coordination • Play with Others

Start Smart Program

Friday, 4, 11 and 25 February, 10 - 11 am, Zama Youth Center

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

“See the Bugle for the advertisement”.

Monday, 7 February, 4:30 - 5:45 pm at Zama Youth Center



MIAMI DOLPHINS CHEERLEADERS CLINIC

FOR WHOM: This is open to everyone - you do NOT have to be a cheerleader to attend. All interested youths (and parents are welcome.)

EXTRA: After the clinic, get an autographed photo of the cheerleaders or take your own photo.



For information, phone Commercial Sponsorship at 263-5995

The final four winners of the CZCC's 17 week "3rd Annual Gridiron Challenge Program"

GRIDIRON CHALLENGE



WK 14. Ms. Green



WK 15. Mr. "Bo" Ellis



WK 16. Ms. Nierdritter



WK 17. Mr. Hoemin Yu

• • • CZCC Gridiron Challenge Winners 2010 - 2011 Season • • •

- Cumulative prize 1st place (\$400.00)
James Jewett (165 wins)
- Cumulative prize 1st place (\$400.00)
Ivan Woodard (165 wins)
- Playoff picks winner (\$250.00)
Bob Deyeso (12 picks)
- Playoff games winner (\$150.00)
TBD
- College bowl challenge winner (\$300.00)
Brian Reeder (22 wins)

MWR COMMERCIAL SPONSORSHIP AND THE ZAMA COMMUNITY CLUB STAFF THANK OUR SPONSORS FOR SUPPORTING THIS MAJOR EVENT FOR OUR COMMUNITY.



The Budweiser and Miller Lite Companies Support "Responsible Drinking".

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Have you tried our variety of lunch specials featuring Italian, Cajun, Mexican and other tasty choices? We look forward to seeing you!!!

■ **Camp Zama Golf Club • 263-3694**
<http://www.usarj.army.mil/information/mwr/business/golf/>

Major Tournament Schedule for 2011		
Zama Masters	- - - - -	23 - 24 April
Match Play Qualifier	- - - - -	14 May
Club Championship	- - - - -	10 - 11 September
Zama Open	- - - - -	15 - 16 October

PAYDAY SCRAMBLE
FREE! MWR is paying the \$15 entry fee and green fees for nonmembers. MLC/IHA pay ¥5,000 and JGSDF pay ¥3,000. Limited to USARJ community and their family members. Fun, food and prizes!
Friday, 4 February
(11 am shotgun start)
Red Bull

COMMERCIAL SPONSORSHIP and the ZAMA GOLF COURSE STAFF thank our sponsor, RED BULL, for supporting our community and this event.

TOMODACHI DAYS ARE AS FOLLOWS:

- 8 February - Tuesday
- 18 February - Friday
- 22 February - Tuesday
- 25 February - Friday

Your Japanese guests (max 3 guests per person) can play with you for the low fee of ¥5,000 plus cart. This is a significant savings over the regular rate of ¥11,000. Check with starters for available tee times.

NICHIBEI FRIENDSHIP TOURNAMENT

Tuesday, 15 February, shotgun start

at 9:30 am. Contact Ernie Harada at 263-4225 to sign up. Cost is \$25 for SOFA status golfers plus green fees for nonmembers

GHIN SUBSCRIBERS

Please pay the \$22 fee in the golf shop to activate your GHIN membership if you haven't done so yet. The Junior fee for 2011 is \$14 (17 and under).

TRADE-INS

Camp Zama Golf Course announces Trade-Ins. You can trade-in your old clubs for credit when purchasing new clubs. Find out how much your clubs are worth at <http://valueguide.pga.com/>

TEE TIME INFORMATION

- **Weekday tee times**
 Weekday tee times will be given out two weeks in advance for individual tee times, or 90 days in advance for larger groups. Requests for multiple tee times must be made in writing (or e-mail) to course management.
- **Weekend / US holiday**
 Tee times are requested in advance using the tee time request form. Fill out the request form and drop it in the tee-time request box in the golf shop NLT 5 pm on the Tuesday prior for weekends and US holidays. Tee times will be drawn Wednesday morning and posted later that day. The priority system on the request form will be followed. You need at least 3 people to reserve a tee time on weekends / holidays.

NOTE: All golfers are asked to check-in with the starter at least 15 minutes prior to their scheduled tee time.

INTRODUCE A FRIEND TO GOLF!
Give us five days and we'll give them a sport for a lifetime.
5 LESSONS ONLY \$99
3 SESSIONS WITH DALE JORGENSEN
 Session #1: April 21st, 28th, May 5th, 12th and 19th
 Session #2: June 16th, 23rd, 30th, July 7th and 14th
 Session #3: Sept. 15th, 22nd, 29th, Oct. 6th and 13th
7 SESSIONS WITH MIKE SUL
 Session #1: Feb. 8th, 15th, 22nd, March 1st and 8th
 Session #2: March 22nd, 29th, April 5th, 12th and 19th
 Session #3: May 3rd, 10th, 17th, 24th and 31st
 Session #4: June 14th, 21st, 28th and July 5th and 12th
 Session #5: July 26th, Aug. 2nd, 9th, 17th and 23rd
 Session #6: Sept. 6th, 13th, 20th, 27th and Oct. 4th
 Session #7: Oct. 18th, 25th, Nov. 1st, 8th and 15th
 For more information, contact Dale Jorgenson, Director Of Golf at 263-3694 email dale.jorgenson@us.army.mil


 Join the Get Golf Ready program and be ready to play in 5 days. **GOLF Play Golf America**
 For more information, visit PlayGolfAmerica.com/GGR

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

LUNCH

Monday

- 7 Filipino Combo
- 14 Chicken Adobo
- 21 No lunch special (US holiday)
- 28 Sweet and Sour Pork

Tuesday

- 1 Chicken Cutlet
w/Swiss Cheese
- 8 BBQ Beef
- 15 Fried Chicken w/Biscuits

LUNCH

- 22 Hamburger Steak w/Gravy

Wednesday

- 2 Spaghetti and Meat Sauce
- 9 Teriyaki Chicken
- 16 Beef Stew
- 23 Curry Rice and Pork Cutlet

Thursday

- 3 Chicken Enchiladas
- 10 Beef Taco Salad
- 17 Chicken Fajitas

LUNCH

- 24 Beef Enchiladas

Friday

- 4 Fried Cod Fish and Fried Shrimp
- 11 Blackened Salmon
- 18 Cajun Tilapia
- 25 Panko Fish

Weekend Special

Lasagna w/Homemade garlic bread



JR. GOLF INSTRUCTION

with Mike Sul, PGA

Every Monday from 1600-1700
Cost: \$10

Sign-up at the Pro Shop NLT
the Sunday prior (need at least
two (2) students to conduct the
class).



FOR MORE INFORMATION CONTACT
MICHAEL SUL AT 263-4975 OR
EMAIL MICHAEL.SUL@US.ARMY.MIL

Gift Card

NOW AVAILABLE FOR THE HOLIDAY SEASON

The Zama Golf Club presents
Joe Golfer
with a
\$100 Gift Card
Cert# 13 Expires 09/23/11

"Looking for the perfect gift for the golfer in your family? Why not a gift card from the Camp Zama Golf Course? The cards can be used for any golf course purchase (green fees, cart fees, merchandise, food and beverage)."

Kanto Plains Championship Winners

"Camp Zama hosted the annual Kanto Plains Championship on 18 December. The top two finishers (Men's and Ladies) in the respective Golf Club Championships from Atsugi, Camp Zama and Tama Hills compete in this 1 day stroke play event to determine the Kanto Plains Champion. This year's winners were (L) Yoko Lofton (81) from Tama Hills and (R) Dennis Staley (72) from Camp Zama."



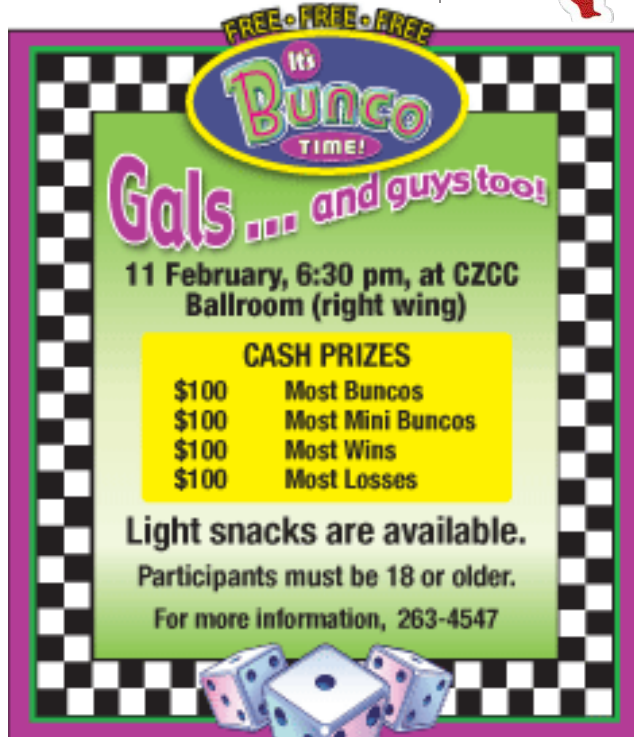
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S

uper Bowl Party.
Monday, 7 February,
doors open at 7 am,
kickoff at 8:15am. It's all
free including a fantastic
breakfast buffet and
delicious mid-morning
snacks courtesy of the
Camp Zama Community
Club. For more detailed
information and prizes,
please see the back page.



CZCC
BINGO
Night
Every Thursday Night!
 Cards on sale starting: 6 pm
 Early Bird Game starts: 6:45 pm
 Regular Game starts: 7 pm.
FOR MORE INFORMATION,
PLEASE CALL 263 - 4547



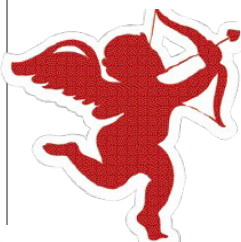
FREE • FREE • FREE
It's Bunco TIME!
Gals ... and guys too!
11 February, 6:30 pm, at CZCC
Ballroom (right wing)
CASH PRIZES
 \$100 Most Buncos
 \$100 Most Mini Buncos
 \$100 Most Wins
 \$100 Most Losses
Light snacks are available.
Participants must be 18 or older.
For more information, 263-4547

■ Camp Zama Community Club

• 263-4547

FIRELITE LOUNGE

- **Hip Hop Music w/DJ**
 On Friday Night, 4, 18 and 25 February, "Hip Hop music w/DJ" in the Firelite playing your favorite Hip Hop artist songs from 10 pm - 3 am.
- **Country Music with DJ**
 On Saturday night, 5 and 12 February, 8 pm - 2:30 am in the Firelite Lounge, hear your favorite country artist songs. On the 2nd and 4th Wednesday, enjoy free line dance instruction from 8 - 9:30 pm.
- **Main Stream Dance Music with DJ in the Firelight**
 Friday, 11 February and Thursday, 17 February, 9 pm - 3 am.
- **Old School Night**
 Saturday, 19 February, 8 pm - 2:30 am, playing your favorite 60's, 70's, 80's and 90's artist songs.
- **Latino Night**
 Saturday, 26 February, 9 pm - 2:30 am in the Firelite. Dance to the sounds of Latino music from the best Latino DJ's in Japan.



LUNCH

- Sunday Brunch (10 am - 1:30 pm):**
 Adults: \$12.95
 Youths 8 - 12: \$6.95
 Youths 4 - 7: \$3.95
 3 and under: Free
- Tuesday:** (Rotisserie Chicken, Katsu Don and vegetable of the day)
 1 Veal Parmesan
 8 Chicken Fried Steak w/Country Gravy
 15 Huli Huli Chicken
 22 Chicken Red Wine Vinegar Sauce
- Wednesday:** (Rotisserie Chicken, Chicken Don and vegetable of the day)
 2 Fried Beef and Potato Croquettes
 9 Hamburger Steak w/ Demiglaze
 16 Pork Curry
 23 Cajun Roast Pork
- Thursday:** (Rotisserie Chicken and vegetable of the day)
 3 • Stuffed Cabbage Roll
 • Penne Chicken Genova Cream Pasta
 10 • Chinese Fried Chicken w/Vinegar Soy Sauce
 • Spaghetti Napolitan



RIGHT ARM NIGHT
TGIF
Friday 11 February 1500-1800 Hrs.
CAMP ZAMA - CZCC Ballroom
TORII STATION - Coral Cove Lounge
Drink Specials!
DON'T DRINK AND DRIVE
TRANSPORTATION FROM CZCC PROVIDED BY BOSS FROM 1700-1900 HRS.
FOR RESERVATIONS, PLEASE CALL 263-4547

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LUNCH

- 17 • Chicken Pot Pie
- Spaghetti w/Meat Sauce
- 24 • Southern Fried Chicken
- Linguine w/Garlic Tomato Cream Sauce

Friday "Lunch Buffet" (soup and vegetable of the day, \$7.95)

- 4 Black History Month Buffet in the ballroom (\$11.95)
- 11 • Chicken Enchiladas
- Beef Tacos
- Mexican Rice and Corn
- Burritos
- 18 • Baked Meat Loaf
- Chicken Penne Au Gratin
- White Rice
- Mashed Potatoes w/Gravy
- 25 • Chicken Creole
- Shepherd Pie
- Jambalaya

DINNER MENU

Sunday (limited menu) 5 - 9 pm
"2 for 1 Steak Night"
(no take out)

Includes soup and tossed green salad, hot vegetable of the day and your choice of baked potato, rice, or mashed potato. Modified menu will be offered on Sunday nights.

Monday - Closed

Tuesday (5 - 9 pm)

2 meals for \$15 and limited menu. Theme menu, such as American, Chinese, Japanese, Korean, Mexican, Italian etc. Menu will change every week. Included w/soup and tossed green salad, hot vegetable of the day and your choice of baked potato, rice, or mashed potato. Modified menu will be offered. (no take out).

DINNER MENU

Wednesday (5 - 9 pm)

- Mongolian BBQ (\$0.75 oz)
- Limited menu

Reservations: Please call 263-4547 before 3 pm.

Thursday (5 - 9 pm)

- "All You Can Eat Pizza, Pasta, Soup and Salad Bar"
- (no take out)

Adults: \$10.95

Youths 4 - 12: \$5.95

Under 3 years old: Free

- Regular menu

Friday "Chef's Special" (5 - 9 pm)

Regular Menu

- 4 Black History Month Buffet

- 18 Community Night

Saturday (5 - 9 pm)

- Regular Menu
- Prime Rib Dinner
- Prime Rib and Shrimp Scampi

- 13 Valentines Day

Gourmet Dinner

- 19 Texas Hold'em

Our regular menu will be offered in addition to the above specials on Saturday night.

CAMP ZAMA COMMUNITY CLUB

Cake Catering Service

CAKES FOR ALL OCCASIONS TO ORDER CALL **263-4204**

(TUESDAY-FRIDAY 9:30 AM-5:30 PM)

***CAKE MUST BE ORDERED 48 HOURS IN ADVANCE**

***CONTRACT REQUIRED**

Black History Month

FRI 4 FEB CZCC BALLROOM 11 AM-1 PM

BUFFET



SOUP
Chicken Sausage Gumbo Soup

SALAD
Garden Green Salad w/ Choice of Dressing

ENTRÉE
Red Beans and Rice
Black Eye Peas w/ Okura
Grilled Caribbean Jerk Chicken
Southern Fried Catfish w/ Tartar Sauce
Collard Green
Jalapeno Corn Muffin

DESSERT
Lemon Pound Cake
Mochi Cake

COST: \$11.95

For more info, please call 263-4547

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

C A M P Z A M A C O M M U N I T Y C L U B

Camp Zama Community Night



presents

NAME THAT PHOTO

FRIDAY, 18 FEBRUARY, 5-8 PM CZCC BALLROOM



Hors D'oeuvres, Prizes and Entertainment **FREE EVENT!**

*CYS is offering "Community Night Child Care Services" AT SHA CDC, contact 267-6564

FOR MORE INFORMATION, PLEASE CALL CZCC 263-4547

Live in the CZCC Ballroom

CZCC COMEDY SHOWCASE

featuring the comedy styles of



Lav Luv



Smokey Deese

Friday 18 February CZCC Ballroom Showtime 9 pm
Tickets: \$15

FOR MORE INFORMATION, PLEASE CALL 263-4547



Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

■ Zama Bowling Center • 263-4780

• King of the Hill Tournament

Sunday, 6 February, 11 am - 6 pm.
Come roll with the best or come to watch.

• All-You-Can Eat Pizza (and bowling too):

Wednesday, 9 February (two hour limit).

Adults: \$10 (\$22.50 value)

Youths (5 - 12): \$5

4 and under: Free

Includes 3 games, rental shoes, and all the pizza you can eat (pepperoni, sausage, and /or cheese (does not include beverage).

NOTE: All games after game 3 are \$2.25 per game.

• No Tap Bowling Tournament

Sunday, 20 February, 1 - 3 pm. Fun for all bowlers. Beginners and all others have an equal chance of winning. Sign up at the Zama Bowling Center.

• Limited Schedule (no deliveries).

Monday, 21 February, 11 am - 8 pm. (President's Day)

Discounted bowling all day.

* Free bowling for children ages 10 and under

* \$.75 a game for youths ages 11 - 18

* \$1.25 a game for adults

LUNCH

Monday

- 7 BLT Sandwich w/French Fries and Vegetable Soup
- 14 Chicken Cacciatore w/Rice and Steamed Vegetables
- 21 Regular Menu
- 28 Stir Fried Tangerine Beef w/Rice

Tuesday

- 1 Cobb Salad w/Garlic Bread and Broccoli Soup
- 8 Baked Lasagna w/Garlic Bread and Tossed Salad
- 15 Tilapia w/Garlic Sauce, Rice and Steamed Vegetables
- 22 Stir Fry Ground Pork w/Tofu and Eggplant over Rice

Wednesday

- 2 Pork Sinigang w/Rice and

LUNCH

Sweet Banana

- 9 Kahlua Pork and Cabbage w/Rice and Haupia Cake
- 16 Beef Kabob w/Rice and Steamed Vegetable
- 23 Pancit Bihon w/Adobo Rice and Lumpia

Thursday

- 3 Spaghetti and Meat Balls w/Garlic Bread and Tossed Salad
- 10 Hamburger Steak w/Avocado Sauce, Baked Potato and Steamed Vegetables
- 17 Chicken Noddle Soup w/Chicken Salad Sandwich
- 24 Meatball Sandwich w/Coleslaw



Valentine's Day
DOUBLES TOURNAMENT
SCOTCH DOUBLES STYLE
MONDAY, 14 FEBRUARY, ZAMA BOWLING CENTER
ENTRY FEE: \$15 PER COUPLE
FOR MORE INFORMATION, PLEASE CALL 263-4780



SATURDAY 19 FEBRUARY 2 PM
CZCC BALLROOM

ADULTS ONLY

*For more information, please call 263-4547

Tickets purchased by 15 February \$40
After 15 February \$50
Includes non-alcoholic drinks and prizes
Prizes will be based on the number of players
Tickets available at CZCC Cashier's Window
Tickets must be purchased in dollars only

C A M P Z A M A C O M M U N I T Y C L U B
TEXAS HOLD'EM
T O U R N A M E N T

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

“See the Bugle for the advertisement”.

Z A M A



I T T

Spring Escapade Tours 2011

Now on sale !



Golden Triangle China
April 9-17



Cambodia & Vietnam
World Heritage
April 9-16



Highlights of India
April 10-16



Explore Beijing
April 9-13



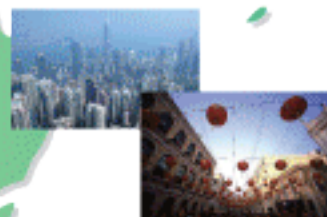
Ho Chi Minh City & Beach
April 9-15



Cairns Adventure
April 8-13



Malaysia Cultural Experience
April 9-13



Hong Kong & Macau
April 9-13

Select your "FUN TOUR" for your ideal hassle free vacation !

Predesigned vacation plans with tours, airfare, hotel, sightseeing and other miscellaneous fees included.

CALL ZAMA ITT OR CHECK OUR WEBSITE FOR MORE INFORMATION



• Military PHONE : 263-5273
263-4059

• E-Mail : travel@zamaitt.com

• Commercial PHONE : (046) 254-8896
• Commercial FAX : (046) 255-0356

• Website : <http://zamaitt.com>



Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

Family and Commits to Custom



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Jeff Wertz,
MWR Em
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erry Helton, USAG-J Commander, and Mr. FMWR Director, signed the Family and Employee and Customer Covenant on 22 2010. The Covenant promises excellence to and the customers they serve. "Taking care of families and our Civilian Workforce is a said Mr. Wertz. "And we understand the way at customer service is through our employees."

y and MWR employees gathered in the CZCC lounge for their annual holiday party at which ceremony took place. Many employees at the recognized for customer service excellence ars of dedicated service.

n of co-facilitators will conduct ongoing classes in customer service skills for all and the Covenant will be displayed at all MWR program facilities. "The Covenant is leadership's commitment to our employees to excellence each and every day with each and omer," said Wertz.

ily and MWR customer service training facilitators, (left to front row), Sue Jorgenson, John Senatore, Eri Yatsushiro, row) Yukiko Takahashi, Yumiko Mimura and Makoto Kato ay the Employee and Customer Covenant.





CAMP ZAMA COMMUNITY

BAZAAR



FEBRUARY 2011

SATURDAY, 26 (9 AM - 5 PM)

SUNDAY, 27 (10 AM - 4 PM)

AT THE CAMP ZAMA COMMUNITY CLUB

VENDORS OFFERING :

**FURNITURE, ARTS & PICTURES,
JEWELRY, TOYS, ANTIQUES,
NOVELTIES, SOUVENIRS ...**



For more information : ☎ 263-5316



Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

LUNCHES	LUNCHES	DINNER SPECIALS
MONDAY 7 Fried Rice Karaage and Yakisoba 14 Garlic Chicken Saute 21 Closed 28 Taco Rice and Enchiladas TUESDAY 1 Hamburger Steak and Fried Shrimp 8 Roast Pork 15 Chicken Cutlet (Sagami Lounge Special) 22 Hamburger Steak w/Cheese WEDNESDAY 2 Chicken Saute w/Mustard 9 Fried Shrimp Curry 16 Steak Don 23 Lasagna w/Garlic Bread THURSDAY (All-U-Can Eat) 3 Oriental Buffet 10 Italian Buffet	17 Mexican Buffet 24 American Buffet FRIDAY 4 Seafood Platter 11 Chicken Tempura Don 18 Seafood Platter 25 Chicken Saute w/Curry Sauce DINNER SPECIALS TUESDAY NIGHT (LIMITED MENU/DINNER SPECIAL - \$8.50) 1 Mexican Dinner 8 BBQ Dinner 15 Pizza and Pasta Dinner 22 Regular Menu WEDNESDAY NIGHT Family night movies for adults and youths 2, 9, 16 and 23 February.	Regular dinner menu; choose your discount. THURSDAY NIGHT (CHEF'S SPECIAL DINNER) 3 Ribeye Steak (6oz) and Salmon Saute (4oz) (\$20) 10 Ribeye Steak (6oz) and Mahi Mahi Saute (4oz) (\$20) 17 Prime Rib Dinner (\$20) 24 Regular Menu FRIDAY NIGHT Mongolian BBQ on 11 and 25 February; enjoy the best Mongolian BBQ in town!!! Also, on 4 and 18 February we offer the regular dinner menu. SATURDAY NIGHT 5, 12, 19 and 26 February, regular menu.

“See the Bugle for the advertisement”.

AER

Emergency Leave: The primary funding for travel to a gateway city by service members and command sponsored Family members is handled by the Military Personnel Division. AER assists with travel from the gateway and to and from the leave site.

■ Army Community Service • 263-8327

RELOCATION READINESS PROGRAM, 263-HELP (4357)

- *Exploring Japan*
Cancelled until further notice.
- *Adult Evening English Class*
Every Wednesday, 5:30 - 7 pm. No pre-registration necessary.
- *Adult Japanese Language Class*
Every Wednesday, advanced class, 10 - 11 am; beginner class, 11 am - noon. Taught by a native Japanese speaker. No pre-registration required.
- *Business Japanese Class*
Every Wednesday, 5:30 - 6:30pm.

Based on customer request, the course will be divided into basic and advanced categories. Pre-registration required. Taught by a native Japanese speaker. On hold until further notice.

• *Children's Japanese Language and Culture Class*

Cancelled until further notice.

• *Adult English as a Second Language Class (ESL)*

Cancelled until further notice.

NOTE: All classes are cancelled on US holidays. For more class information please contact 263-HELP (4357) OR 263-2382.

AFAP Army Family Action Plan Symposium

Zama: 15 - 17 March • Torii Station: 19 - 21 April

Watch for the issue collection boxes, or log on to <http://www.mwrjapan.jp.pac.army.mil/>.

AFAP connects you with the Army. AFAP is an idea and issue gathering. AFAP makes things happen, sometimes all the way to the top. AFAP, like everything, has deadlines. Our conference of subject matter specialists, commanders and caring contributors meets 15 - 17 March. Watch for the "Issue Collection Boxes", or log on to <http://www.mwrjapan.army.mil/acs> click "Submit an AFAP Community Idea / Concern". Issues can be submitted anonymously and will be sent directly to the AFAP Program Manager. You will be heard.

MOBILIZATION AND DEPLOYMENT PROGRAMS, 263-HELP (4357)

Please phone 263-8089 to schedule your unit pre / post-deployment readiness training, reunion briefing, Family Readiness Group Training, and Unit Rear Detachment Commanders (RDC) Training. Free child care is provided by CYS during official FRG functions (advance coordination is required).

NEWCOMERS ORIENTATION

NEWCOMERS ORIENTATION PART I: Wednesday, 16 February, 8 am - 3:30 pm, Camp Zama Community Club (right wing). Welcome by the Command Group and overview of different programs and services presented by various representatives. "Taste of Japan" luncheon provided at Camp Zama Community Club, left wing, sponsored by KDDI. The orientation is mandatory for military and civilian personnel. Adult Family members may also attend. Free hourly child care available for attendees. Please contact Zama CDC 263-4992 or SHA CDC 267-6564 for reservations.

MEDICAL MORNING BRIEFING: Thursday, 17 February, 8 - 11:30 pm, Camp Zama Community Club (right wing). Health care professionals provide information about medical care and counseling services in Japan and the military community. A pharmacy class, which is mandatory in order to receive over the counter medications, is also given during this briefing. The orientation is mandatory for military and civilian personnel. Adult Family members may also attend. Free hourly child care available for attendees. Please contact Zama CDC 263-4992 or SHA CDC 267-6564 for reservations.

TRAIN CLASS: Thursday, 17 February, 1 - 4:30 pm, Gate 4, Camp Zama. Join our Japanese volunteers as they take you on a guided tour to a local supermarket, then on to the five story "100 Yen Shop" in Machida. Bring ¥400 for transportation and extra yen for shopping. Children are welcome.



MWR COMMERCIAL SPONSORSHIP and the **ACS STAFF** thank our sponsor, **KDDI**, for supporting the Newcomer's Orientation Program and the Zama community.



Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

• **Pre / Post Deployment Support and Operation R.E.A.D.Y. Training**

This training is designed to help all mobilizing, deploying, and redeploying Soldiers, DoD civilians, and their Families prepare for a less stressful and more successful deployment. Briefings and training are held the 2nd Thursday of each month from 3 - 4 pm at ACS, Bldg. 402, in the Community Room.

• **Deployed Spouse Program**

If your spouse is deployed, then ACS is looking for you! Please visit us to learn more about our Deployed Spouse Program and sign up for your membership card; this card will provide discounts throughout various MWR facilities.

Army Community Service

LOAN CLOSET

Monday, Wednesday & Friday:
1 - 3 pm, at
ACS, Bldg 402




FOR DETAILED INFORMATION, CALL 263-4357

AER/FINANCIAL/EMPLOYMENT, 263-HELP (4357)

The ACS Financial Readiness Program offers a variety of services such as finance education, budget

assistance and personalized budget counseling, plus a host of many other financial related programs. This program was created to enhance and maintain mission readiness and



Family Advocacy Program

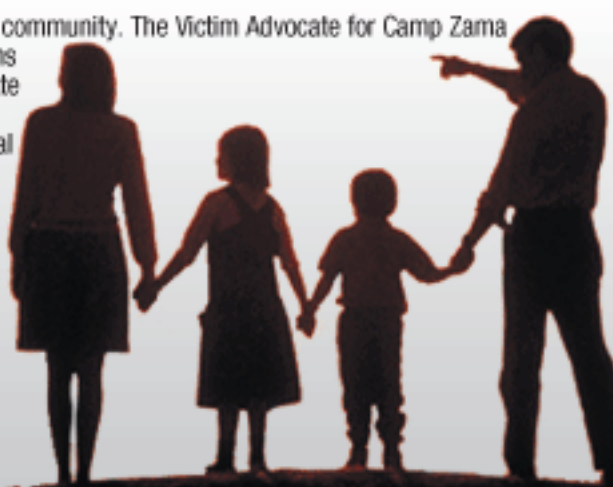
Department of the Army policy is to prevent spouse and child abuse, to protect those who are victims of abuse, to treat those affected by abuse, and ensure personnel are professionally trained to intervene in abuse cases. Since many incidents of abuse constitute violations of the law, DA policy also recognizes the commander's authority to take disciplinary or administrative action in appropriate cases. The Family Advocacy Program at Army Community Service provides a wide range of services that strengthens Families and enhances relationships. We believe that these services help support our Soldiers, their Families, and the Army mission. For more information about Family Advocacy Programs or to schedule a class or briefing, contact 263-HELP (4357). The Reporting Point of Contact (RPOC) for all suspected child or spouse abuse is the Military Police (MP) at 263-3002.

• **Sexual Assault Hotline from a DSN: 882# or 090-9395-8909.**

This is a commander's program designed to help prevent sexual assault through increased awareness and training and to provide information and resources if sexual assault occurs. An individual who has been sexually assaulted may report the incident in a restricted or unrestricted manner. To make a restricted report, contact a medical provider, chaplain, the Sexual Assault Response Coordinator (SARC) at 263-HELP / 4357 or your Unit Victim Advocate. To make an unrestricted report, contact the Military Police at 263-3002, the chain of command, or the SARC at 263-HELP / 4357 or 090-9395-8909.

• **Victim Advocacy**

Victim Advocacy is a free service for all personnel in the military community. The Victim Advocate for Camp Zama is located in Building #402 with Army Community Service. Victims are encouraged to come and speak with a trained Victim Advocate and inquire about available services. The Victim Advocate works with those who have been a victim of domestic violence or sexual assault. Reports of Domestic Violence (DV) may be made on a restricted or unrestricted basis. To file a restricted report related to a domestic abuse incident, a victim may also report to a health care provider or the Victim Advocate supervisor in order to access medical care or other supportive services including referral to service providers, advice, or safety planning. Information provided in a restricted report will not be disclosed to command or to law enforcement. For additional information about domestic violence restricted and unrestricted reporting, please contact Family Advocacy at 263-4782, 263-4853, or 090-9395-8909.



Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

quality of life by providing Soldiers and their Family members a ready-made program to help achieve personal financial readiness through the use of sound money management. Units and FRGs may request classes; email gary.wertz@us.army.mil at least two weeks in advance.

• **Scheduled Financial Classes:**

All classes are held at ACS, 1:30 - 3:30 pm:

- * Budget Monday
- * Banking Tuesday
- * Debt Management Wednesday
- * Investment TSP Thursday

All first term personnel are required to attend all four classes during in-processing before Financial Readiness will be signed off on the in-processing check-in sheet. Attendance at all four classes meets the requirement for the mandatory 8 hour Financial Readiness Class per AR608-1 and DoDI 1342.27. Units may request classes also; requests should be in writing a minimum of two weeks prior to the class date, first come, first served. Each class requires a 2 hour block. The classes available are in the following areas: Basic Budget, Remedial Check-

Exceptional Family Member Program (EFMP), 263-HELP (4357)

WORKSHOP

**EFMP Enrollment at ACS:
28 February, noon - 1 pm, at ACS.**

The Camp Zama Exceptional Family Member Program (EFMP) is a mandatory enrollment program for active duty Soldiers with Family members with special needs. It is important for spouses to enroll their Family members to ensure their Family members receive the best possible care at their existing and future duty assignments. If you are currently enrolled in EFMP keep in mind your file must be reviewed every 3 years or upon a change in condition of the Family member, whichever comes first. Soldiers just arriving at Camp Zama and the sponsor of an Exceptional Family Member must in-process with the EFMP Coordinator. Come out and network with other parents when you join the EFMP Parent Support Group which meets every 3rd Tuesday of each month at ACS from noon - 1 pm. If you would like to become an EFMP Respite Care Provider and/or learn more about eligibility for EFMP Respite Care, please contact Cheryl Rendon, ACS EFMP Coordinator, at 263-4572. For more information or to register for upcoming workshops, contact the ACS EFMP Coordinator.

book Management, Credit and Debt, Large Purchases, Insurance, Investment / TSP, and Planning for Military Retirement. For more information, contact 263-5550 or 263-HELP(4357) or email: gary.wertz@us.army.mil.

**COMMUNITY LIFE OFFICE,
263-HELP (4357)**

• **Army Volunteer Corps (AVC)**

Would you like to learn new skills,

meet new people and explore new career fields? Would you like to make a difference? Then you may want to enter the exciting world of volunteerism. You can register as a volunteer in the Volunteer Management Information System (VMIS). It's easy to get started! It can be completed at your home, the Education Center, the library or by utilizing the volunteer computer at ACS. If you do not have an account

NPSP

New Parent Support Program- 263-4572.



The NPSP, a division of the Family Advocacy Program, specializes in assisting and offering services to new and expecting parents.

- **Play Morning** is an interactive play group for parents and children aged birth to 6 years. Held Tuesdays, 9:30 - 11 am at Zama Chapel, Bldg 502, and every 2nd, 3rd, and 4th Thursday, 10 - 11:30 am, at EDIS (Arnn Elementary School).
- **Baby Love Seminar:**
Topic: "Shaken Baby Syndrome"
15 February, 9:45 - 10:15 am at Zama Chapel.
24 February, 10:15 - 10:35 am, during play morning session at EDIS (Arnn Elementary).
- **NPSP Workshop:** "Infant Development / Shaken Baby Syndrome", at ACS, 14 February, noon - 1 pm.
- **Breast Feeding Support Group** meeting for the 1st Thursday from, 9:30 - 10:30 am at ACS and the 3rd Monday from 9:30 - 10:30 at SHA CDC.
- **Pre-birth Classes** will be held at ACS on 10 and 17 February, 4:30 - 5:30 pm. The classes will be taught by Mrs. Jennifer Deford, OB/GYN Nurse. Please register the day before each class at ACS.
- **Baby Bundles** information and supplies for first time expecting parents and electric breast pumps are available by calling 263-4572 or emailing cheryl.rendon@us.army.mil.

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

at www.myarmyonesource.com, register for an account by going to the site and clicking on "register for an account". Once registered, click on "Become a Volunteer" and select "Volunteer Registration". For more information, contact the Army Volunteer Corps Coordinator, Ms. Yolanda Hingel, at 263-8087.

• **Army Family Team Building (AFTB), 263-HELP (4357)**

The Key to your Army Journey and Passport to Power!

Did you know that you could earn promotion points from AFTB? If you are a young Soldier SGT or below and need promotion points, AFTB is a good source and a great tool that you will be able to use throughout your military career. Come join us for our next AFTB training, or go online at www.myarmylifetoo.org for Levels I, II and III. Remember, Soldiers in the rank of E-5 and below can receive promotion points for completing all three levels. For more information or to register for upcoming training,



Survivor Outreach Service

Survivor Outreach Services (SOS) provides services that support the Families of Fallen Soldiers. SOS is designed to enhance services to these Families. The Support Coordinator serves as the long term support person for Survivors, conducting support groups, briefings to the community and leadership, life skill and supportive counseling. Financial counselors provide financial assistance, budgeting, investment education, retirement savings and estate planning for the surviving Family member to reach financial goals.

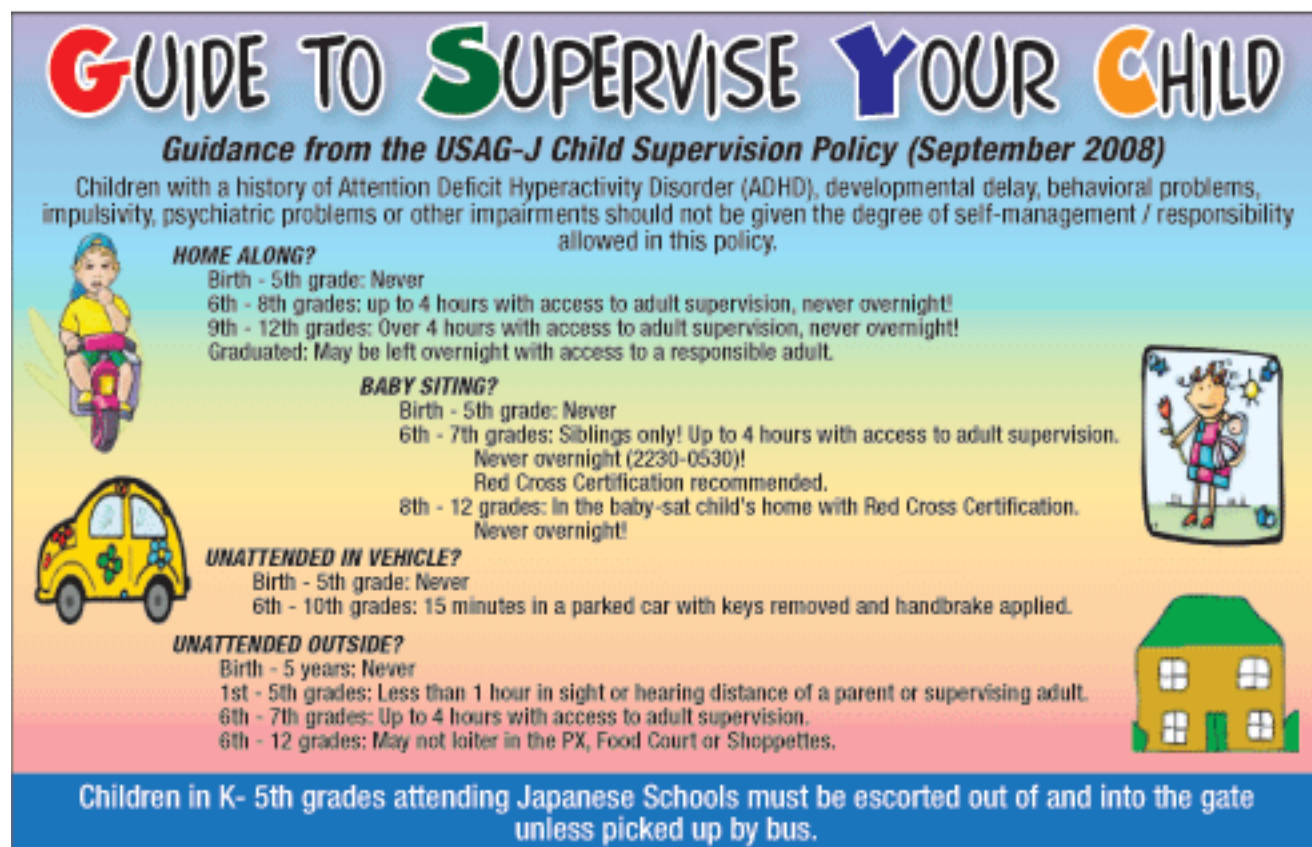
For more information, contact the SOS staff at 263-HELP(4357), ACS Bldg. 402

please contact the Community Life Officer at 263-8087.

INFORMATION AND REFERRAL, 263-HELP (4357)

I and R provides maps and directions to the local area and for military installations throughout Japan, as well as resource information on public, private and voluntary agencies at Camp Zama and tourist information for the local Japanese economy. Resource information can be ac-

cessed using CAC readers at <https://intranet.zama.army.mil>. After: 4:30 pm and on weekends, maps and directions can also be found on www.mwrjapan.army.mil under "Army Community Service". Other services include: confidential client intakes, crisis intervention, referral to other programs and assistance for Japanese school registration and parent meetings. For more information, please call 263-2382 or e-mail: megumi.saito@us.army.mil.



GUIDE TO SUPERVISE YOUR CHILD

Guidance from the USAG-J Child Supervision Policy (September 2008)

Children with a history of Attention Deficit Hyperactivity Disorder (ADHD), developmental delay, behavioral problems, impulsivity, psychiatric problems or other impairments should not be given the degree of self-management / responsibility allowed in this policy.

HOME ALONG?
 Birth - 5th grade: Never
 6th - 8th grades: up to 4 hours with access to adult supervision, never overnight!
 9th - 12th grades: Over 4 hours with access to adult supervision, never overnight!
 Graduated: May be left overnight with access to a responsible adult.

BABY SITTING?
 Birth - 5th grade: Never
 6th - 7th grades: Siblings only! Up to 4 hours with access to adult supervision. Never overnight (2230-0530)! Red Cross Certification recommended.
 8th - 12 grades: In the baby-sat child's home with Red Cross Certification. Never overnight!

UNATTENDED IN VEHICLE?
 Birth - 5th grade: Never
 6th - 10th grades: 15 minutes in a parked car with keys removed and handbrake applied.

UNATTENDED OUTSIDE?
 Birth - 5 years: Never
 1st - 5th grades: Less than 1 hour in sight or hearing distance of a parent or supervising adult.
 6th - 7th grades: Up to 4 hours with access to adult supervision.
 6th - 12 grades: May not loiter in the PX, Food Court or Shoppettes.

Children in K- 5th grades attending Japanese Schools must be escorted out of and into the gate unless picked up by bus.

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

T

he Yano Fitness

Center is seeking interested applicants for instruction in the following areas: Massage therapist, aerobics, martial arts, fitness trainers, Zumba, Tai Chi, yoga and other group exercises. For more information, call 263-3954/4042.

■ Sports, Fitness and Aquatics

263-3954 / 4664

NOTE: All fitness classes are cancelled until further notice

FITNESS (263-5656)

• *Personal Training / Program Consultations (CANCELLED)*

Limited days and times by appointment only.

• *FREE Fitness Classes / Services (CANCELLED)* offered at Yano Fitness Center

* Super Circuit Class

Monday, Wednesday: noon - 1230

Fridays: 1730 - 1800

* Unit PT Training

Tuesday 0630 - 0730. Please call

the Fitness Coordinator four weeks in advance to reserve time slot and program request.

* Pilates: Tuesdays 0900

* Hit and Core: Wednesday 1730

* TBC Yoga: Fridays 1200

NOTE: All fitness classes / services are subject to change. Please see the monthly flier for accurate times.

AQUATICS (263-3348)

• *Jacuzzi, Steam Room, Sauna* The jacuzzi, steam room and sauna are co-ed at the Yano Fitness Center. On Wednesday mornings, the jacuzzi, sauna, and steam room are closed for maintenance from 0800 - 1200.

• *Training Reservations for Swimming Pool*

If you are considering utilizing Yano Pool for unit PT, water survival training, or any other structured training program, submit a "Pool Training Reservation Request" to the front desk at Yano Fitness Center. For reservations, submit the reservation request no less than 3 (three) weeks in advance. Forms can be e-mailed upon request.

• *Age Policy for Swimming Pool* Children 12 years of age and below

YANO FITNESS CENTER

RACQUETBALL

SINGLES TOURNAMENT

MEN AND WOMEN DIVISIONS

9 AM • SATURDAY • 26 FEBRUARY
 *REGISTER BY FRIDAY, 25 FEBRUARY.

***NO fee for this event.**

***For more information, please call 263-4664.**



Dodgeball

Tournament

Yano Fitness Center

9 am
Saturday, 12 February

***Register by 9 pm,
 Thursday, 10 February.**

***For more information, please
 call 263-4664.**



Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

are not permitted in the pool unless accompanied by and under the direct supervision of a parent or adult guardian. Children 13 and older have access to the pools without parental supervision. Exception: Children participating in special programs organized and conducted by Aquatics, CYS, the schools, or other authorized youth organizations may participate under designated adult supervision.

• **Solarium Reservations**

If you are considering a party in the Solarium, please submit a "Solarium Reservation Request" to the front desk at Yano Fitness Center. Forms are available at Yano Fitness Center. Forms can be e-mailed to you upon request.

SERVICES AND CONTRACTORS (263-4664)

* **Instructor: Ms. Hitomi Someya**
Zumba Class (\$3 per class): Tuesdays and Thursdays at 1730. Times and schedule subject to change depending on community needs.

• **Martial Arts (Taekwondo Classes)**

* Instructor: Kellie Williams
Tuesday, Thursday and Friday:
Ages 4 - 6: 1700 - 1800

Ages 7 - adults: 1815 - 1915
Cost: \$45 per month

* Instructor: Kang Hyum Soon
Monday and Thursday:

Ages 4 to adult: 1730 - 1900
Cost: \$56.20 per month (depending on yen rate)

NOTE: All Taekwondo (for both instructors) participants 18 years of age and older pay at the Yano Fitness Center issue counter. All participants ages 17 and under pay at Parent Central Services, Bldg 533, or call 263-4125.

• **Tai Chi** (Chinese breathing exercise) and Kung Fu fitness every Monday at 1845

One session: \$6
4 sessions: \$20

SERVICES

• **Massage Cancellation Policy:**
Must be made 24 hours in advance from the time the original appointment was made. Please be sure to ask the staff for the information regarding this policy.

• **Aqua Massage**
The Yano Fitness Center offers "Aqua Massage", \$5 for 15 minutes. You must be at least 16 years old. For more information, call 263-4664/3954.

• **Shizuka's Massage Therapy**
"Massage with Shizuka" is now being

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

offered at the Yano Fitness Center by appointment only. Days offered are Mondays, Fridays, and Saturdays. First appointment is 1030 and the last appointment is 1600. Call the front desk at 263-4664 for additional information. The cost is 30 minutes for \$30, 45 minutes for \$40 and 60 minutes for \$50. Payment must be made when making an appointment. Must be 21 years old. For more information, call 263-4664.

• **Yukari's Soft-Chiropractic Massage**

Japanese "Physiotherapy with Yukari" is available on Fridays, 1730 - 2100 (first appointment at 1730 and the last appointment at 2000), and on Sundays, 1200 - 1800 (first appointment at 1200 and the last appointment at 1700). Call the front desk at 263-4664 for additional information. The cost is 30 minutes for \$35, 45 minutes for \$45 and 60 minutes for \$60 (you must be at least age 21).

NOTICE: The massage gift certificate is good for 90 days from the day of purchase. If you have a gift certificate and you are not sure of



THE BIGGEST LOSER
YANO FITNESS CENTER
Starts 1 February
Zama Style
12 Week Program
Delayed until further notice
*Teams consist of 2 males & 2 females.
*For more information, please call 263-4664/5656.

the expiration date, please contact the front desk at 263-4664.

• **Tanning Booth**

The Yano Fitness Center has two tanning booths. Hours:

Monday - Friday:
0530 - 2025

Weekends:

0800 - 1730

Purchase a one session card for \$2.50, ten sessions for \$20, or twenty sessions for \$35 (you must be at least age 18).



YANO FITNESS CENTER POOL
Learn-to-Swim
Winter/Spring Programs
YOUTH & ADULT CLASSES
SESSIONS:
Spring 1 ~ 5 February - 5 March
February ~ 7 February - 28 February
*No Class - 21 February
March ~ 7 March - 25 March
Spring 2 ~ 19 March - 16 April
April ~ 4 April - 22 April
*Please check our flyer for specific details!
*For more information, please call 263-4664.

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

TOURS AND EVENTS

• **Setsubun Festival and Chocolate Factory**

Thursday, 3 February, 0900 - 1730

• **Soga Plum Farm and Mt. Azuma Walking** **NEW**

Saturday, 5 February, 0700 - 1530

• **35th Sumo Tournament**

Sunday, 6 February, 0900 - 1930

• **Chinese New Years Parade**

Sunday, 6 February, 1100 - 1800

• **Ski / Snowboard at Tanbara**

Saturday, 12 February, 0400 - 2100

• **One-day Snow Shoeing to Oyu Cave** **NEW**

Saturday, 12 February, 0530 - 2000

• **Shore Fishing at Chigasaki** **NEW**

Sunday, 13 February, 0600 - 1400

• **Early Valentine's Day Dinner at Hotel Pan Pacific Yokohama**

Sunday, 13 February, 1500 - 2200

• **Snow Monkey Park and Clay Doll Painting**

Saturday, 19 February, 0300 - 2200

• **Alts Bandai Overnight Ski / Snowboard**

Sunday - Monday, 20 - 21 February,

0300 - 2100

• **International Orchid Festival 2011**

Sunday, 20 February, 0930 - 1730

• **Tokyo Disneyland / DisneySea**

Monday, 21 February, 0700 - 2300

• **Cherry Blossom Festival and Izu Hanging Hina Dolls Festival and Glass Museum**

Saturday, 26 February, 0600 - 2100

• **Snowmobiling License at Tangram** **NEW**

Saturday, 26 February, 0400 - 2000

• **Zoo Rasia**

Sunday, 27 February, 0900 - 1530

• **Ikea Shopping**

Sunday, 27 February, 0930 - 1730

• **Kooza - Cirque Du Soleil**

Sunday, 13 March, 1430 - 2100



CAMP ZAMA BOSS PROGRAM

BOSS President:
SGT Valery Valtrain

Tel: 263-5197

e-mail: valery.valtrain@us.army.mil

BOSS WARRIOR ZONE HOURS!!!

Tuesday, Wednesday Friday: 1800 - 2200

Saturday: 1200 - 2200

Phone: 263-3399

Paid Advertisements

“See the Bugle for the advertisement”.

TORII BEACH CABIN

\$60 a night

Each cabin will sleep one to six people (max 4 adults) and is available for rent seven days per week. Each cabin includes amenities such as a private bathroom (shower, bathroom sink and toilet), indoor and outdoor furniture, refrigerator, microwave, coffee maker, cable television, DVD PS3, and BBQ grill. Visit Torii Beach Office, Bldg T301 to check in/out. Check in time is 3 - 5 pm. Check out time is 11 am. For more information, phone DSN: 644-4659 or call commercial: 011-81-611-744-4659.

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

R

ed
**Tag Sale. A variety
of craft supplies
are on sale now
starting
from \$1.**



■ Arts and Crafts • 263-4412

HOURS OF OPERATION

Monday - Tuesday: Closed
Wednesday - Friday: 1130 - 1930
Saturday - Sunday: 1000 - 1800

CLASSES

• **Silk Screen Work Shop**
\$15 for a class, includes one free
t-shirt (appointment only).

• **Wood Shop Orientation for DA
3031.**

Saturdays: 10 am, no fee.

• **Frame Shop Orientation**

2nd and 4th Thursday, 5 pm,
\$10 a class; supplies are included.

Advance and refresher classes are
conducted upon request, \$10 a class,
supplies are not included.

• **Washi-Paper Craft Workshop**

\$10 a class; supplies are available at
the sales store (by appointment)

• **Ikebana** (fresh flower arrangement
class)

1st, 2nd and 3rd Thursday, 2 pm, \$20
for a class, plus ¥1,000 (flower fee).

• **Shodo** (Japanese calligraphy class),
Wednesday, 4 pm, \$10 for a class;
includes all supplies.

• **Pottery Classes**

* Wednesday class: 4 - 6 pm, \$20 for
a class, supplies are included.

NOTE: All classes require ad-
vance registration. Schedules are
subject to change.

**Valentine's Day
"Balloon Delivery Service"**

Select your Valentine balloons at Arts
and Crafts no later than COB Sunday,
13 February.

Delivery date and time scheduled:
Monday, 14 February, between
1230 - 1530.

Delivery fees:
• Camp Zama, \$5
• Sagami-hara Housing Area, \$7
• Sagami Depot, \$10

For more information, 263-4412

“See the Bugle for the advertisement”.

■ Community Activity Center • 263-3939/5712/8892

CLASSES

• Ballet Class

* Wednesday:

Pre-Elementary (4 - 6), \$40:
1630 - 1715

Elementary (7 - 12), \$60:
1715 - 1830

Junior (13+), \$60: 1845 - 2015

* Thursday

Pre-Elementary (4 - 6), \$40:
1700 - 1745

Adult (15+), \$60: 1830 - 2000

• Piano Lesson (four classes a month, ¥7,000).

Monday - Friday.

• Violin Lesson (four classes a month, ¥7,000).

Tuesday and Thursday.

• Koto Lesson (four classes a month, Adult: ¥8,000, Youth: ¥7,000).

Tuesday

• Ballroom Dance

* Beginner's Class (four classes per month, ¥ 3,000 or equivalent amount of \$).

Thursday: 1715 - 1810

* Basic Class (four classes per month ¥4,500 or equivalent amount of \$).

Tuesday: 1715 - 1810

The class is designed for students who have completed the beginners class, or students who have been attending the beginners class, or

people who have experience and good physical ability for dancing.

* Intermediate Class (four classes per month, ¥6,000 or equivalent amount of \$).

Tuesday: 1820 - 1915

The class is designed for students


who have completed the basic class, or students who have been attending the basic class, or people who have more than a few years of experience, skills and abilities for ballroom dancing.

COMMUNITY ACTIVITY CENTER
presents
A Tamagawa University Performance of
hairspray
30th Anniversary Joint Performance



Music and Lyrics by Marc Shaiman • Lyrics by Scott Whitman
Book by Mark O'Donnell and Thomas Meehan
26 - 27 February • Doors Open at 4:30 pm • Show Starts at 5 pm
*FREE tickets available at the CAC • For more information, please call 263-3939.

YANO FITNESS CENTER





TONY HORTON
FITNESS TOUR

Meet the man behind the number one fitness program in America. Training guru to the stars, Tony Horton will be here to meet, greet, share some training tips and personally conduct some workouts.

6 pm • Tuesday, 1 February
6 am • Wednesday, 2 February *For PT

***Book & Autograph Signing • Noon~1 pm
Tuesday, 1 February at the Zama PX**

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

T

he Zama Car Wash
can be accessed:

Monday - Tuesday:

0800 - 1630

Wednesday - Friday:

0800 - 2000

Saturday - Sunday:

0900 - 1800

Limited Online Parts Ordering Service. Stop by the Auto Skills Center for more information to find the best prices for your vehicle.

■ Automotive Skills Center • 263-3615

HOURS OF OPERATION:

Monday and Tuesday: CLOSED

Wednesday - Friday:

1130 - 2000

Saturday and Sunday:

0930 - 1800

PLEASE NOTE:

• All work areas must be clean and checked-out tools turned in by close of business.

SAFETY ORIENTATION

DA-3031-1 Qualifications Card to use the automotive skills center is issued after a safety orientation given every day 15 minutes after opening and whenever time is available. This briefing is required before facility use and takes about 45 minutes.

SERVICES

• Engine Flush and Fuel System Cleaning

We offer a service of internal engine cleaning and fuel line cleaning for most vehicles and each service is only \$59.95. Engine flush requires the customer to purchase oil and an oil filter. Appointments must be made for both services.

• Used Vehicle Courtesy Inspection

The Automotive Skills Center offers a 20-point courtesy inspection for Soldiers and eligible personnel who are considering the purchase or resale of a used vehicle. The purpose of this inspection is to help assess the condition of the vehicle before buying or selling. We do not make recommendations or give guarantees. Inspections are done by appointments only. The courtesy inspection does not take the place of the JCI. Inspections are done by appointments only.

• Detailing Service

We offer a basic detailing service which starts at \$35 for regular size sedans. The \$35 is a basic wash and hand wax with tire wax. For an additional \$15 we vacuum the interior and clean the windows. For vans and SUV's prices start at \$50. If you prefer we use waxes and other cleaning supplies that you have please feel free to let us know; unfortunately, this does not reduce the fee.

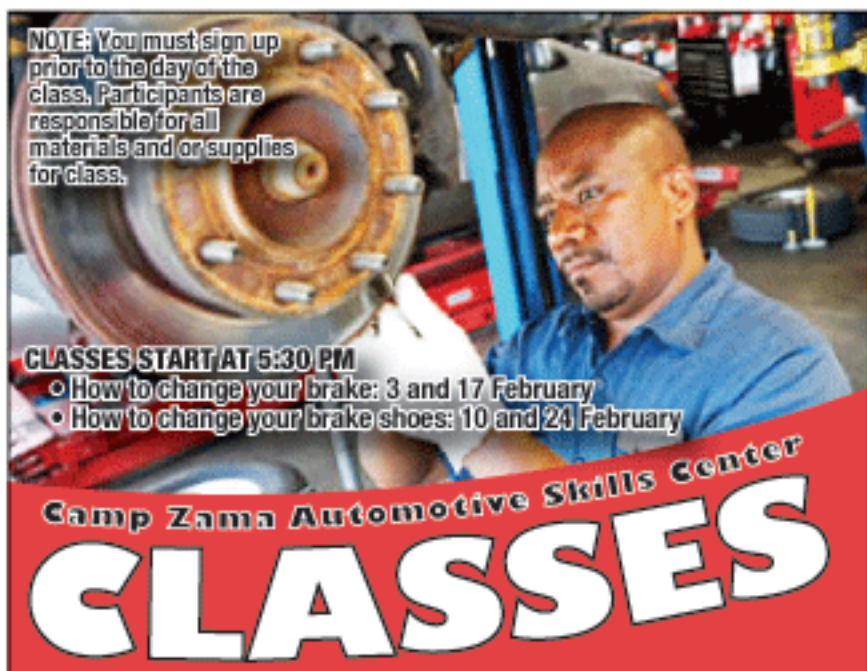


ZAMA Automotive Skills Center

TOWING SERVICE AND ROADSIDE ASSISTANCE

We offer a towing service and roadside assistance Wednesday through Sunday during the Automotive Skills Center normal hours of operation.

Sorry, but we are not a 24 hour emergency service. For all emergencies, please call the TRAFFIC SECTION at 263-3002.



NOTE: You must sign up prior to the day of the class. Participants are responsible for all materials and/or supplies for class.

CLASSES START AT 5:30 PM

- How to change your brake: 3 and 17 February
- How to change your brake shoes: 10 and 24 February

Camp Zama Automotive Skills Center

CLASSES



USED PARTS FOR SALE

- 6 X 9 speaker - - - \$30 pair
- 6 1/2 speaker - - - \$15 pair
- CD player, stateside tuner starting at - - - \$35 ea
- Safety flares - - - \$2
- Various aluminum rims starting at - - - \$40 set

We also have used tires; just stop by with your car and see if they are on the rack.

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

■ Community Libraries • 263-3517

<http://www.usarj.army.mil/information/zama/mwr/library/index.htm>

NEW MCNAUGHTON BOOKS

- All the Devils Are Here by McLean, Bethany
- America by Heart by Palin, Sarah (Best Seller)
- Cleopatra by Schiff, Stacy (Best Seller)
- In Fifty Years We'll All Be Chicks by Carolla, Adam
- Indulgence in Death by Robb, J. D. (Best Seller)
- Me by Martin, Ricky

- Moonlight Mile by Lehane, Dennis (Best Seller)
- Towers of Midnight by Jordan, Robert (Best Seller)
- Unbearable Lightness by De Rossi, Portia (Best Seller)
- Unbroken by Hillenbrand, Laura (Best Seller)

NEW BLU-RAY DVDS

- Exit Through The Gift Shop (Documentary)
- Howl

- Laugh It Up Fuzzball: The Family Guy Trilogy
- Machete
- Salt
- Scott Pilgrim vs. The World
- Secretariat
- Shinobi: Heart Under Blade
- The Social Network
- The Town

ON-LINE CATALOG

Search our collection from home or work at: <http://yoko.sirsidynix.net.au/uhtbin/webzama>

■ Chapel Activities • 263-4898

CATHOLIC SERVICES

Mondays - Fridays, noon, daily Mass, Blessed Sacrament, Chapel
Sundays, 9 am, Mass, Zama Chapel.
Sundays, 9:15 am, Children's Liturgy of the Word, Blessed Sacrament Chapel.
Sundays, 10:45 am CCD, Religious Education Center.

PROTESTANT SERVICES

Sundays, 9:30 am, Sunday School for all ages at the Religious Education Center.
Sundays, 11 am, Worship Service, Zama Chapel.
 (A nursery is provided for children up to 36 months at Zama CDC, Bldg 502, during the time of Sunday services only).
Wednesday, 6:30 pm, Music Rehearsal, Zama Chapel.

SAGAMIHARA PROTESTANT GOSPEL SERVICES

Sundays, 9:30 am, Sunday School, Sagamihara Chapel.
Sundays, 11 am, Worship Service, Sagamihara Chapel.
 (Nursery services are provided for children up to kindergarten at the Sagamihara Chapel during the time of Sunday services).
Wednesdays, 6:30 pm, Bible Study, Sagamihara Chapel.

JEWISH SERVICES

For information about Jewish services,

events, and activities, please contact Duncan Adams at 263-2754 or write to duncan.adams@us.army.mil.

THE CHURCH OF JESUS CHRIST OF LATTER DAY SAINTS (LDS)

Tuesdays, 7 pm, Youth Activity, Sagamihara Chapel.
 If you would like to attend Sunday Services please call Richard Smith, 264-5203, or Yohei Arai at 801-649-1393.

BUDDHIST SERVICES

(Soka Gakkai International - U.S.)
Mondays and Fridays, 7 pm, discussion, Sagamihara Chapel. Contact Mr. or Mrs. Fulford at 046-257-0613 or email: forris@forrisfulford.com.

SEVENTH DAY ADVENTIST SERVICES

Second Saturday (Sabbath), 9:30

am, Sabbath School; 11 am, Divine Worship, Zama Chapel. Contact Mr. Tom Johnson at 263-3520 or tom.johnson3@us.army.mil for more information.

PROTESTANT WOMEN OF THE CHAPEL (PWOC)

Thursdays, 9:30 - 11:30 am, Religious Education Center, childcare provided. POC: Mrs. Debra Hammer at debcom98@aol.com.

USAG-J Religious Support Services and Programs offer many spiritual fitness opportunities for you and your Family. If you desire more information, please call the Garrison Chaplain's Office at 263-4898. The Garrison Chaplain's Office only advertises religious support activities under its auspices.

Interactive Customer Evaluation



We are listening!

Good or Bad, we'd like to know!

Please give us your

ADVICE

Interactive Customer Evaluation

http://ice.disa.mil/index.cfm

Make your input online at the US Army Garrison, Japan ICE site and enter to win a prize! Drawing held at the monthly Community Night.

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

■ Directory of DMWR Facilities & Additional Activities

DIRECTORATE OF MORALE, WELFARE AND RECREATION 263-7611/3690

Army Community Services Branch

■ **Army Community Services** 263-4357
Mon - Wed 0730-1630
Thu 1300-1630
Fri 0730-1630
US Holidays Closed

ZAMA Golf Club

■ **DIRECTOR OF GOLF ADMINISTRATIVE OFFICE** 263-3694

263-4966
(All the following golf activities are open during lunch).

Course/Starter 263-4975
Mon-Fri 0700-1700
Weekends & US / Japanese Holidays 0600-1700

Restaurant 263-7665
Mon, Tue, Thu, Fri 0630-1900
Wed 0630-1900
Weekends & US / Japanese Holidays 0530-1900

Pro Shop 263-5284
Mon-Fri 0645-1700
Weekends & US / Japanese Holidays 0545-1700

Driving Range (Unattended)
Mon - Fri Sunrise-2200
Saturday Sunrise-1930
Sun 1600-2200

Chip Inn & Snack Stand 263-5834
Mon-Fri 0800-1600
Weekends & Hol. 0700-1500

Business Division

■ **ADMINISTRATIVE OFFICE** 263-7935

■ **BOWLING CENTER ZAMA** 263-4780
Mon-Wed, Sat-Sun 1100-2200
Thu & Fri 1100-2230
Holidays Closed

■ **BOWLING CENTER DEPOT** 268-4954/4606
Tue - Sat 1100-2000
Sun - Mon Closed

■ **ZAMA COMMUNITY CLUB ADMINISTRATIVE OFFICE** 263-4133

Lunch
Tue-Fri 1045-1315
Sunday Brunch 1000-1330

Cashier 263-4547
Sun-Thu 1000-2300
Fri 1000-0230
Sat 1000-0200

Catering 263-4204
Tue, Thu & Fri 0930-1730
Wed (Appts Only)

Café Roberto
Sun, Tue & Wed 1100-2300
Thu 1100-2200
Fri & Sat 1100-2300
No food service after 2200 hours

Cornerstone Game Room (no bar)
Tue-Thu & Sun 1000-2300
Fri 1000-0300
Sat 1000-0230

Firelite Lounge
Sun-Tue & Wed Closed
Thu Closed
Fri 1800-0300
Sat 1900-0230

USA Dining Room
Tue, Thu & Sun 1700-2100
Wed Closed
Fri-Sat 1700-2200

■ **HOB NOB INN** 267-6097
Lounge & Game Room
Sun, Mon, Tue Closed
Wed 1630 - 2300

Thu 1630 - 2100
Fri 1630 - 0100
Sat 1900 - 0100

■ **SAGAMI LOUNGE** 268-4954
Take Out 268-4142
Lunch (Mon-Fri) 1100-1300
Dinner (Tue-Sat) 1700-2000
Lounge/Game Room
Tue-Thu 1100-2200
Fri 1100-2400
Sat 1630-2300
Open during lunch

Recreation Division

■ **CHIEF RECREATION OFFICE** 263-3479
■ **ADMINISTRATIVE OFFICE** 263-5614
■ **ARTS & CRAFTS CENTER** 263-4412

Mon-Tue Closed
Wed-Fri 1130-1930
Sat & Sun 1000-1800

■ **AUTOMOTIVE SKILLS CENTER** 263-3615
Mon-Tue Closed
Wed-Fri 1130-2000
Sat-Sun 0930-1800

■ **COMMUNITY ACTIVITY CENTER** 263-3939
Mon-Fri 0800-2100
Sat, Sun & Hol Closed
Open during lunch

■ **INTERNATIONAL TOURS** 263-5273
Mon-Fri 1000-1800
Open during lunch

■ **LIBRARY** 263-3517
Zama
Mon-Thu 1000-2030
Fri-Sun 1000-1800
Open during lunch
U.S. Holidays Closed

Sagamihara 267-6603
Tue-Thu 1000-1900
Fri-Sat 0900-1800
Sun, Mon & Hol Closed
Closed for lunch 1400-1500

■ **OUTDOOR RECREATION** 263-4671
US Holidays Closed
Vehicle/Equipment Rental & Leisure Travel Services
Mon-Fri 0900-1730
Sat-Sun 0800-1600
Open during lunch

Animal Boarding Kennels 263-5915
Mon-Fri 1000-1700
Sat-Sun 1000-1600
Closed for lunch 1230-1330

Hardy Barracks Lodging 229-3270
Kure Lodging 256-2580
■ **POOLS** 263-3348
YANO 263-5037

Mon-Fri 0600-1900
Sat-Sun, Holidays 1000-1800
SHA (Summer) 263-5656/267-6122
Wed - Sat 1030-1800
Sun 1200-1800
Mon, Tue Closed

DEPOT (Closed)
■ **SPORTS/FITNESS CENTER** 263-4664
Zama 263-3954

Mon-Fri 0530-2100
Sat-Sun, Holidays 1000-1800
Sagamihara 263-3954/267-6762
Mon-Sun Open 24 hrs
Depot 268-4729
Mon-Sun, Holidays 0930-1830

Support Services Division

■ **DIRECTOR** 263-4273
■ **ADMINISTRATIVE OFFICE**

Child, Youth & School Service Division

■ **CHILD, Y&SS COORDINATOR** 263-8086
(All the following CDC facilities are open during lunch.)

Parent Central Services 263-4125
263-4743

Mon-Wed 0800-1700
Thu 1000-1700
Fri 0800-1700

Family Child Care 263-4743
263-4125

Sagamihara CDC 267-6564
Mon-Fri 0530-1800

Zama CDC 263-4992
Mon-Fri 0530-1800

■ **YOUTH SERVICES** 263-4500
Zama Youth Center

Mon-Thu 1430-2000
Fri 1430-2200
Sat 1300-2200
Sun Closed

School Age Services (SHA) 267-6317
Mon-Fri 0630-1800

Youth Sports 263-5437
Mon-Sat 0900-1800
Open during lunch

School Liaison Office 263-3241

Zama Lodging

■ **ADMINISTRATIVE OFFICE** 263-3293
Reservation Desk 263-2775
Front Desk 263-3830
Open 24 hours/7 days a week

USAG-J Okinawa MWR

■ **MWR OFFICE** 644-5396
■ **ADMINISTRATIVE OFFICE** 644-4270

■ **ARMY COMMUNITY SERVICE**

Director 644-4110
Relocation Coordinator 644-4385
Mob-Dep/IVC 644-4116
Financial Readiness/AER 644-4378
Family Advocacy Program 644-5919
Victim Advocate/SARC 644-4908
AFTB/AFAP Program 644-4743
EFMP Program 644-4106
ACS FAX 644-5918
School Liaison Office 644-4703

■ **ARTS & CRAFT CENTER** 644-4303

Lobby 644-4706

■ **AUTOMOTIVE SKILLS CENTER** 644-5612

■ **CORAL COVE COMMUNITY CLUB**

Business Manager 644-4256
Lounge 644-4306
Cashier Cage 644-4426

■ **LIBRARY** 644-4468

Staff Room 644-5335

■ **MARKETING**

Commercial Sponsorship 644-4495
Graphic/Illustration 644-4665

■ **SPORTS / FITNESS**

Sports / Fitness 644-4334
Aquatics 644-4389

■ **OUTDOOR RECREATION**

Scuba Locker 644-4795
Retail Sales 644-4290
Equipment Issue 644-4263
Beach Rental Office 644-4659
Cabin Reservation 644-4659

011-81-611-744-4659

Kure Harbor Club

■ **MWR Office** 256-2580
256-2581
0800-1630

■ **Outdoor Recreation** 256-2575
0900/1700

■ **Dining Room**

Mon-Fri (Breakfast) 0700-0830
Mon-Fri (Lunch) 1130-1300
Tue-Sat (Dinner) 1630-2000

■ **Bar** Mon 1630-2000

Tue-Sat 1630-2200

■ **PX / CLASS 6**

Mon-Fri 0900-1730
Sat 1130-1530

Dates and times, programs and events are subject to change due to circumstances beyond our control. Please contact the facility before attending.

Valentine's Day



Gourmet Dinner

Sunday 13 February

Eda's Dining Room 6-8 pm

Amuse-Gueule
Chef's Selection

Appetizers
Sautéed Foie Gras And Scallops With Balsamic Vinegar
Served With Creamed Spinach

Soup
French Onion Soup Au Gratin

Salad
Fresh Tuna and Avocado Salad
Gaspacho Vinaigrette

Poisson
Fried Kinki Spicy Chilli Sauce

Viande
Kobe Sirloin Steak With Yuzu Pepper Sauce

Dessert
Opera And Cream Brulee

*Cost: \$60 Per Person \$110 Per Couple *Limited Seating

FOR MORE INFORMATION, PLEASE CALL 2633-4547



7 FEB '11 (Mon) • Doors Open at 7 am – Kickoff at 8:15 am • Zama Community Club

SUPER BOWL PARTY

KLV

"ADULTS ONLY"

SPECIAL APPEARANCE BY THE "MIAMI DOLPHINS" CHEERLEADERS

IT'S ALL FREE including a fantastic breakfast buffet starting at 7 am and delicious mid-morning snacks courtesy of the Camp Zama Community Club.

"COME EARLY"!!! FOUR (4) DOOR PRIZES WILL BE GIVEN AWAY PRIOR TO KICKOFF.

Also, the first 200 people in line will receive an OUTBACK STEAKHOUSE appetizer coupon.

**** The entertaining **"MIAMI DOLPHINS CHEERLEADERS"** will dance prior to kickoff and also at halftime. **BRING YOUR CAMERA**----the cheerleaders will be autographing their pictures and will also be available for photos.

SPECIAL DRAWING FOR MILITARY PERSONNEL

** Two drawings will be held --- one for a "Queen" of the 2nd quarter, and one for a "King" of the 4th quarter. Each winner will sit with the cheerleaders as their "Special Guest" for the quarter and receive four(4) special prizes.

PLUS, WIN GREAT DOOR PRIZES: (YOU "MUST" BE PRESENT TO WIN)

- ** Two (2) digital cameras (courtesy of DyDo)
- ** Two (2) Blackberrys (courtesy of Research In Motion)
- ** Two (2) golf packages: golf bag, cap, towel, shoe bag and golf balls (courtesy of MIT, Inc.)
- ** Two (2) NFL merchandise packages (courtesy of Coors)
- ** Two (2) pairs of Tokyo Disney tickets (courtesy of the Walt Disney Company)
- ** 46" Sony Plasma Full HD television (courtesy of Powerade)
- ** 19" TV (courtesy of Budweiser)
- ** ¥5,000 food coupons (courtesy of OUTBACK)
- ** Two (2) \$150.00 gift certificates (courtesy of Exchange)

Each door prize winner will receive a 4-pack of Red Bull sports drink.

GRAND PRIZE DRAWING:

Two (2) roundtrip airline tickets to Hawaii (courtesy of United Airlines)
For additional information, please phone 263-5995



MIAMI DOLPHINS
Cheerleaders



MWR COMMERCIAL SPONSORSHIP thanks our sponsors for supporting the Camp Zama community.



The Budweiser and Coors Companies support responsible drinking.

Sponsorship does not imply endorsement by the U.S. Government.